

- 
- « . »
- « . 1»
- « . 2»
- « »
- « »( )
- « , . 1»
- « , . 2»
- « , »( )
- « »
- « »
- « »
- « »
- « . »
- « - . »
- « . »
- « »
- « »( )
- « . . 1»
- « . 2»
- « . 1»

- « . 2»
- « »
- « »( )
- « - »
- « . 1»
- « . 2»
- « . 3»
- « ». 1\ 2\ 3
- « ». 1\ 2\ 3
- « »
- « .
- 1»
- « .
- 2»
- « »
- « »( )
- « »
- « »
- « »( )
- « . »
- « ». 1\ 2\ 3
- « ". 1\ 2\ 3
- . 1" ". 1\ 2\ 3
- . 2" ". 1\ 2\ 3
- . 3" ". 1\ 2\ 3
- . 4" ". 1\ 2\ 3
- « ». 1\ 2\ 3
- . 5" ". 1\ 2\ 3
- . 6" ". 1\ 2\ 3

▪ «

».

1\ 2\ 3

▪

▪

,

-

,

.

,

-

.

,

,

,

-

,

,

.

«

-

».

FPA,

.

«

»

«

-

»?

,

,

,

-

,

,

-

,

,

.

▪ ( :1 ;2.  
).)

▪ ( :1 ;2.  
).

▪ - ( :1.  
( );2. ( ).

▪ 1" "

▪ 2" "

▪ " "

▪ " "

▪ — .

▪ .

:

- 1, 2, 3, 14, 15.

- 14, 15, 16.

- 1-13.

- 17-22.

- 27, 28, 32-39.

- 29-31.

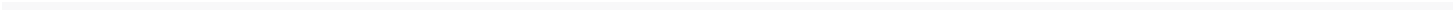
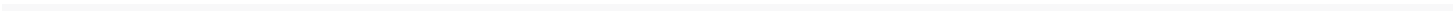
- .

,

( ,

- ),

.



FPA

«Banana Gym»

FPA

"Banana Gym",

ISSA

FPA,

FPA

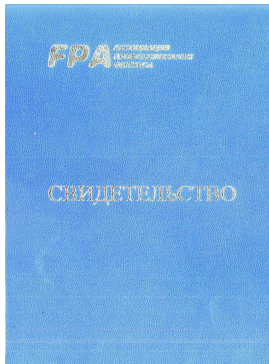
FPA.,

FPA,

FPA,

1.

« - »



2.

« - »

»



3.

FPA

EHFA (European Health & Fitness Association,

EuropeActive)

( - 500 ).



4.

«Personal Trainer 4-»

EREPS ( ).

FPA

# THE EUROPEAN REGISTER OF EXERCISE PROFESSIONALS



*The European Register of Exercise Professionals (EREPS) aims to ensure that all exercise professionals are suitably knowledgeable and qualified to promote the benefits of safe regular exercise and to protect the interests of the people who use their services.*

**The following person has met the criteria and standards of EuropeActive and has been admitted to the European Register**

## Any Person

With the status of

## Personal Trainer

## EQF Level 4

The holder of this certificate, as a member of the Register, is bound by a Code of Ethical Practice which determines the rights, responsibilities and principles required by the conduct of an exercise professional, and their need to continue to meet the standards that are set for their profession through their personal commitment to lifelong learning

**THE FULL REGISTRATION STATUS FOR THIS MEMBER CAN BE VERIFIED THROUGH THE EREPS WEBSITE AT WWW.EREPS.EU.COM**

EREPS is regulated by the EuropeActive Professional Standards Committee using the accepted official European qualification framework and Fitness Sector Qualification Framework which describes the knowledge, skills and competencies that exercise professionals need to have achieved for their registration



Expiry Date : 23-05-2017

Country : Russian Federation

EuropeActive President : *Colan Weston*

Professional Standards Director : *Ben*

Membership Number : 46115

